

IOWATM | SENIOR COLLEGE

FALL *Course Catalog* AUGUST - DECEMBER 2018

FOR ALL RETIRED PERSONS

In Association With | Association of Emeritus Faculty | The University of Iowa Retirees Association
The University of Iowa Center for Advancement



Featuring

11

DIFFERENT
COURSES

COURSE 1

Roll Over Beethoven: An Overview of the Life and Times of Ludwig van Beethoven

Thursdays, August 30; September 6, 13, 27

1-3 p.m.

NOTE: No class September 20

Parkview Church

15 Foster Road, Iowa City

Registration Deadline: August 23

Class Limit: 150

This course will discuss the life of Beethoven, including the European political context in which he found himself. It will also include analyses of select works, culminating in an in-depth examination of Beethoven's Ninth Symphony.

INSTRUCTOR: Timothy Hankewich is music director of Orchestra Iowa and previously served on the conducting staffs of the Kansas City, Oregon, and Indianapolis Symphonies. He earned a Bachelor of Music and a Master of Music from the University of Alberta, Canada, and a Doctor of Music in orchestral conducting from Indiana University.

COURSE 2

Leo Tolstoy: Three Novellas

Wednesdays, September 5, 12, 19, 26

3:30-5:20 p.m.

Seamans Center, Room 3505

103 S. Capitol St., Iowa City

Registration Deadline: August 29

Class Limit: 68

Best known for *War and Peace*, a massive contemplation of the fates of humanity in times of turmoil and dislocation, Leo Tolstoy was also a master of shorter works. The first class will focus on Tolstoy's life and his ideas about art. The remaining classes will be devoted to three deeply philosophical and profoundly human novellas: *The Death of Ivan Ilyich*, *Father Sergius*, and *The Kreutzer Sonata* (all available in *The Death of Ivan Ilyich and Other Stories*, translated by Richard Pevear). Tolstoy's *What is Art?*, Rosamund Bartlett's biography *Tolstoy: A Russian Life*, and Michael Katz's *The Kreutzer Sonata Variations* are also strongly recommended.

INSTRUCTOR: Anna Barker is an adjunct assistant professor of Russian and comparative literature at the UI. Her interests include Russian cultural history, 19th-century European and American literature, and modern and ancient superheroes. She has organized several literary celebrations, including public readings of *War and Peace*, *Don Quixote*, and *Crime and Punishment*.

COURSE 3

An Insider's Guide to College Football

Thursdays, September 6, 13, 20, 27

5-7 p.m.

First three classes: Richard O. Jacobson Athletic Building (old football facility)

930 Evashevski Drive, Iowa City

Fourth class: Stew and LeNore Hansen Football Performance Center

992 Evashevski Drive, Iowa City

Registration Deadline: August 30

Class Limit: 140

This course is designed to enhance students' appreciation for and enjoyment of college football. The history of the game will be covered, but more time will be spent on how the game is organized and played. Students will also get a behind-the-scenes look at the inner workings of a football team, as well as a tour of the new Stew and LeNore Hansen Football Performance Center, and will learn why college football is truly the "ultimate team sport."

INSTRUCTOR: Don Patterson coached college football for 37 years. He is the only assistant coach who was at the University of Iowa for all of Hayden Fry's 20 legendary years with the Hawkeyes. Patterson then went on to great success as head coach at Western Illinois University.

COURSE 4

Autopsies, Forensic Pathology, and Medical Examiners: This Is Not TV

Mondays, September 10, 17, 24; October 1

2:30-4:20 p.m.

Medical Education and Research Facility, Room 1117

375 Newton Road, Iowa City

Registration Deadline: September 3

Class Limit: 50

Previously offered in spring 2017, this course is a broad overview of autopsy pathology, forensic pathology, and medicolegal death investigation. We will discuss history, current practice, and, especially, the current value of the autopsy. Topics will include basic concepts of the autopsy as a medical/surgical procedure, the usefulness of autopsy information to families and others, and fundamentals of the work of medical examiners and coroners. If time allows, there will be a tour of the UI Hospitals and Clinics Decedent Care Center. Images of deceased individuals and diseases/injuries will be used for teaching purposes. All images will be anonymized and discussed in a respectful manner.

INSTRUCTOR: Marcus Nashelsky is a forensic pathologist and medical examiner with practice experience in several states. He has been a UI Department of Pathology faculty member since 2003. Most of his work has been as medical director of the UI Hospitals and Clinics Decedent Care Center and as Johnson County Medical Examiner.

COURSE 5

Ethical Issues Abound: The Questions are Easier Than the Answers

Tuesdays, October 2, 9, 16, 23

3:30-5:20 p.m.

Pomerantz Center, Room C131

213 N. Clinton St., Iowa City

Registration Deadline: September 25

Class Limit: 70

In this course, guests from various disciplines will discuss the current ethical dilemmas in their fields. What are the pressing issues? What are the impediments to change? Disciplines and topics will include medicine (transplantation), law (immigration), veterans' rights, and business ethics (including sexual harassment). A consistent list of questions applicable to any of the areas, along with questions specific to each discipline, will be used, and students will be invited to participate with additional questions. One or two short readings will be recommended for each topic area.

INSTRUCTOR: Nancy Hauserman, professor emerita, has taught in the UI Henry B. Tippie College of Business for almost 40 years and has received many teaching awards, including the prestigious Hancher-Finkbine Medallion. She currently teaches ethics in Tippie's international MBA programs and is frequently asked to give talks on ethics to professional organizations.

COURSE 6

International Literature at the University of Iowa

Wednesdays, October 3, 10, 17, 24

10:30 a.m.-12:20 p.m.

Pappajohn Business Building, Room W107

21 E. Market St., Iowa City

Registration Deadline: September 26

Class Limit: 70

Since its inception in 1967, the UI's International Writing Program has hosted more than 1,400 writers from more than 150 countries. The program aims to introduce talented poets, fiction writers, dramatists, and nonfiction writers to American culture; to facilitate their participation in American university life; and to provide them with time and a congenial setting for producing their own literary work. This course offers the opportunity to meet eight of the writers who are in residence at the UI this fall. Each week, two writers will read and discuss their works, talk about the current state of literature in their home countries, and answer your questions.

INSTRUCTORS: Visiting writers from the UI International Writing Program.

COURSE 7

Political Titans of the Hawkeye State: Iowa Political History as Biography

Fridays, October 5, 12, 19, 26

10 a.m.-Noon

Senior Center, Room 202

28 S. Linn St., Iowa City

Registration Deadline: September 28

Class Limit: 50

Iowa political history is replete with leaders and characters who shaped the state and the nation. Journey into the past to discover the lives of these colorful individuals and, in the process, learn about the political history of the Hawkeye State. We will begin with Sac and Fox warrior Black Hawk and end with reformist governors Harold Hughes and Robert Ray. We will also cover James Grimes, founder of the Iowa Republican Party; Samuel Kirkwood, Iowa's Civil War governor; national suffragette Carrie Chapman Catt; former vice president Henry Wallace; political organizer and women's rights activist Mary Louise Smith; and many others.

INSTRUCTOR: Jerry Harrington recently retired as marketing public relations manager for DuPont Pioneer. He earned a BSS from Cornell College in English and political science and an MA in history from the UI. He is currently working on a biography of former Iowa governor and U.S. senator Harold E. Hughes.

COURSE 8

2018 Election Issues and Why Midterms Matter

Wednesdays, October 17, 24, 31; November 7

2:30-4:20 p.m.

Coralville Public Library, Schwab Auditorium

1401 Fifth St., Coralville

Registration Deadline: October 10

Class Limit: 120

Will Democrats win back the U.S. House? What issues matter most to voters? This course will examine major issues surrounding the 2018 elections, including immigration, gun violence, the "Me Too" movement, and the Russia investigations. We'll also look at the candidates and campaigns in each of Iowa's four congressional districts, Iowa's much lauded nonpartisan process for redistricting, and state legislative issues and races. Sessions will feature conversations with guest political scientists, video clips of political news, and lively in-class discussions.

INSTRUCTOR: Ben Kieffer is the award-winning host of Iowa Public Radio's daily talk show *River to River*, which he also helps produce. Kieffer previously worked in Europe, where he reported on the fall of the Berlin Wall and covered the Velvet Revolution in Prague. Kieffer is a Cedar Falls native and UI graduate.

COURSE 9

Promoting Optimal Aging with Physical Therapy

Thursdays, October 18, 25; November 1, 8

9:30-11:20 a.m.

Kirkwood Regional Center, Room 2D

2301 Oakdale Blvd., Coralville

Registration Deadline: October 11

Class Limit: 48

Normal aging puts older adults at risk for injuries and disorders that can compromise their quality of life. After an overview of age-related changes in body systems and a survey of physical therapy assessments and interventions, this course will focus on common conditions that can be managed by working with a physical therapist. These problems, and interventions to address them, include balance and falls, postural faults, inactivity and sedentary lifestyle, pain, and chronic medical conditions. These sessions will employ lecture, demonstration, and interactive instructional formats. Participants should dress in comfortable clothing to allow for sitting and standing movement.

INSTRUCTORS: Byron Bork, an adjunct associate in the UI Roy J. and Lucille A. Carver College of Medicine's Department of Physical Therapy and Rehabilitation Science, retired from teaching in 2016. John Barr is professor emeritus at St. Ambrose University. Rhonda Barr retired after 40 years at UI Hospitals and Clinics. All three are licensed as physical therapists in Iowa.

COURSE 10

Exploring Fake News and Alternative Facts

Thursdays, November 15, 29; December 6, 13

9-11 a.m.

NOTE: No class November 22

Johnson County Extension and Outreach Building

Johnson County Fairgrounds

3109 Old Highway 218 S., Iowa City

Registration Deadline: November 8

Class Limit: 50

In 1985, media theorist Neil Postman warned that we were “amusing ourselves to death” by confusing news and entertainment. Today the 24-hour news cycle, the intentional publishing of fake news, talk radio’s “echo chambers,” satire interpreted as news, and opportunities for anyone to be a publisher all place the burden of finding truth on the information consumer. This course will explore aspects of fake news—political, scientific/medical, and cultural—considered in the context of a free press and freedom of speech. Participants are asked to bring a smartphone, tablet, or laptop for in-class activities.

INSTRUCTORS: **Jean Donham**, a retired professor of library studies at the University of Northern Iowa, publishes and presents frequently on the topic of information literacy. She was previously director of Cole Library at Cornell College. **Greg Cotton**, director of Cole Library, teaches online courses in library and information science at San Jose State University.

COURSE 11

The Healthy Aging Brain: Maintaining Cognitive Vitality

Tuesdays, November 20, 27; December 4, 11 **2-4 p.m.**
NOTE: December 4 class meets 3-5 p.m.

Coralville Public Library, Schwab Auditorium
 1401 Fifth St., Coralville
 Registration Deadline: November 13

Class Limit: 120

This course will examine changes in memory and other cognitive functions associated with aging. We will discuss what’s “normal” and what’s not, including mild cognitive impairment and the dementias. The course will include reviews of medical, pharmacological, and lifestyle factors for promoting a healthier aging brain and preventing or delaying cognitive decline in later life. Strategies for staying sharp, thinking clearly, remembering accurately, and making thoughtful decisions will also be highlighted.

INSTRUCTOR: **Kitty Buckwalter**, professor emerita of nursing at the UI, is a geropsychiatric nurse. Her interests are in caregiving and long-term care, including behavioral management strategies for dementia caregivers and the effectiveness of community programs to address psychiatric problems in the rural elderly. She has authored over 400 articles.

SENIOR COLLEGE COMMITTEE

- | | |
|-----------------------------------|--------------------|
| H. Dee Hoover, Chair | Mary New |
| George Johnson, Vice Chair | Emil Rinderspacher |
| Warren Boe | Buffie Tucker |
| Gayle Bray | Carolyn Wanat |
| Kelley Donham | Pam Willard |
| Val Lembke | Nancy Williams |
| Frank Mitros | Rich Wretman |

DIRECTIONS TO THE CLASSROOM SITES

You will receive a map with your registration confirmation showing the classroom buildings and nearest parking possibilities.

REGISTRATION

You may register by mail, telephone, or online.

MAIL: Complete form and mail with payment to:

Senior College
The University of Iowa Center for Advancement
P.O. Box 4550
Iowa City, IA 52244-4550

WEBSITE: foriowa.org/senior-college

PHONE: 319-335-3305 or 800-648-6973

Some courses may fill up before the registration deadline. To check whether a course still has openings, please visit our website or call us. If a course is full, call us to be placed on a waiting list.

Your Name _____

Second Registrant _____

Address _____

City _____ **State** _____ **ZIP** _____

Phone (_____) _____

Email _____

COURSE	WHO IS ATTENDING (check appropriate box)			FEE	TOTAL
1. Beethoven	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
2. Tolstoy	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
3. College Football	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
4. Autopsies	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
5. Ethical Issues	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
6. International Literature	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
7. Political History	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
8. Election Issues	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
9. Physical Therapy	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
10. Fake News	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
11. Cognitive Vitality	<input type="checkbox"/> Registrant	<input type="checkbox"/> 2nd Registrant	<input type="checkbox"/> Both	x \$30 =	_____
TOTAL AMOUNT DUE =					_____

PAYMENT METHOD (SELECT ONE)

CHECK ENCLOSED (MADE PAYABLE TO **SENIOR COLLEGE**)

CREDIT CARD (CIRCLE TYPE): VISA MASTERCARD AMERICAN EXPRESS

CREDIT CARD NUMBER _____

EXPIRATION DATE (MM/YY) _____ SECURITY CODE _____

SIGNATURE _____

NOTE: The charge on your credit card statement will be from the University of Iowa Center for Advancement. **If you cannot attend a course you have registered for, please cancel your registration so someone on the waiting list can attend. We will refund the fee for cancellations made before the registration deadline.**

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the UI Center for Advancement at 319-335-3305.



The University of Iowa Center for Advancement
One West Park Road
Iowa City, IA 52242

Get ready for Senior College!

foriowa.org/senior-college